

## Adult Zumba Beginner Pre-registration and Zumbatomic for Kids

August 28<sup>th</sup>, 2010

Zumba classes for adults and Kids are starting up again in September. Come and see what everyone is talking about. Join the fun social party atmosphere of a **Zumba** class with Marion **Louise** Parry exclusively at Tania's Dance Studio in Carleton Place, Ferguson Falls, and Almonte.

Never experienced a **Zumba** class before? This is your chance to register for a beginner's session for 3 weeks to help introduce you to **Zumba**. After your three week session you can then choose what regular **Zumba** class suits you best. This three week session is also great for **Zumba** regulars who just want a refresher after the wonderful summer we are having.

### **Registration for Beginners and Kids Zumbatomic has started for Carleton Place and Almonte**

Saturday Aug 28 from 9:30 to 11:15 at Chiropractive at 99 Bridge St.

Monday Aug 30 from 4 to 7 pm at Chiropractive at 99 Bridge St

Monday Aug 30 from 7:15 to 8:30 at Tania's Dance Studio 84 Mill St

Tuesday Aug 31 from 4 to 6 pm at Chiropractive

Tuesday Aug 31 from 6:30 to 7:45 at Tania's Dance Studio

Almonte Location – if you don't make it to Carleton Place to register please email ahead to be on preregistered list.

Tuesday September 7<sup>th</sup> from 6:10 to 7:20 in Almonte- please bring payment in just before the this class.

If you cannot make registration during these times please email [louise@zumbafunfit.com](mailto:louise@zumbafunfit.com) or call me at 613-253-1746.

Ditch the routine, join the Party!!!

Marion *Louise* Parry

### OTHER TIDBITS

Beginner Adult class is Tuesday night at 7:30 in Almonte at R J Tate School starting Sep 7<sup>th</sup>. Beginner Class is Wed nights September 8/15/22 at 7 pm at Tania's Dance Studio at 84 Mill St. Pre-registration cost is 10 dollars for all 3 beginner classes prepaid registration or 5 dollars a class at the door.

After the 3 week Adult beginner class you choose which regular class to join.

Please read the website for lots of detailed information on Beginner Adult and Kids Zumbatomic class.

MEN are FREE for all classes in September

Morning class will be scheduled soon.

**Zumbatomic for Kids** starts Sep 28<sup>th</sup> in Almonte and Sep 30<sup>th</sup> in Carleton Place with the help of my assistants.

Check my **website** frequently for updates [www.zumbafunfit.com](http://www.zumbafunfit.com) and google map for directions.

#### CARLETON PLACE REGISTRATION INFORMATION

Chiropractive is at 99 Bridge St which is 2 doors from the Scotiabank/Royal Bank in Carleton Place. 613-253-2344. [www.chiropractive.com](http://www.chiropractive.com) for google map link and info

The parking lot across the street from Chiropractive is being paved so it is easier to park behind off Beckwith St in the lot beside the bank's parking lot or at the library.

Tania's Dance Studio is on 84 Mill St in Carleton Place, about 4 blocks east of the town hall.